



## APPA Preliminary Program

### Monday, March 16, 2026

Time	Event
2:30 – 7:00pm	Pre-conference Program

### Tuesday, March 17, 2026

Time	Event
7:30 – 8:30am	Registration & Breakfast
8:30 – 10:15am	<b>Session 1: Opening Keynote Addresses</b>  <b>Joseph LeDoux</b> , New York University  <b>Deanna Barch</b> , Washington University, St. Louis “The Emotional Brain”
10:15 – 10:30am	Break
10:30 – 12:10pm	<b>Session 2: How do you measure joy and despair? Methodologic Challenges</b>  <b>Kristin Naragon-Gainey</b> , University of Western Australia “Definitional Quandries”  <b>Lauren Bylsma</b> , University of Pittsburgh  <b>Karen Quigley</b> , Northeastern University “The So-Called Discrepancy Between the Multimodal Features of Emotion”
12:10 – 1:30pm	Lunch (on your own)

1:30 – 3:10pm	<b>Session 3: What Drives the Affective Engine?: Select Processes/Mechanisms</b>  <b>Karen Quigley</b> , Northeastern University “My Heart Aches for You: Emotions and the Story of Interoceptive, Exteroceptive & Brain Signals”  <b>Shelley Warlow</b> , Dartmouth University  <b>Kristin Naragon-Gainey</b> , University of Western Australia
3:10 – 3:40pm	Break
3:40 – 5:50pm	<b>Session 4: APPA Award Ceremony and Selected Abstracts</b>  Presentation of the Hoch, Zubin, and Hamilton Awards  Robins-Guze Award and Lecture  Breslau-Murphy Award and Lecture  Selected Abstract Presentations
6:00 – 7:30pm	Poster Session

### Wednesday, March 18, 2026

Time	Event
7:30 – 8:30am	Registration & Breakfast / Mentoring Roundtable (Pre-Registration Required)
8:30 – 10:10am	<b>Session 5: Normative Experience and Regulation of Affect and How They Go Awry</b>  <b>Renee Thompson</b> , Washington University, St. Louis  <b>Iris Mauss</b> , University of California, Berkeley
10:10 – 10:40am	Break
10:40 – 12:20pm	<b>Session 6: Does Affect Propel Suicidality and Self-Harm?</b>  <b>Matthew Nock</b> , Harvard University “Suicide as Escape from Negative Affect”

	<b>Katherine Dixon-Gordon</b> , University of Massachusetts Amherst  <b>Shirley Wang</b> , Yale University
12:20 – 1:50pm	Lunch (on your own)
1:50 – 3:30pm	<b>Session 7: Affect in Mood Disorders</b>  <b>Lauren Bylsma</b> , University of Pittsburgh  <b>Robin Nusslock</b> , Northwestern University  <b>Shirley Yen</b> , Harvard Medical School
3:30 – 4:00pm	Break
4:00 – 5:40pm	<b>Session 8: Affect in Anxiety Disorders &amp; PTSD</b>  <b>Michelle Newman</b> , Penn State University  <b>Bunmi Olatunji</b> , Vanderbilt University “The Psychopathology of Disgust in Obsessive Compulsive Disorder”  <b>Blair Wisco</b> , Yale University “Affective Processes in Posttraumatic Stress Disorder”
5:45 – 6:30pm	APPA Annual Business Meeting
6:30 – 8:00pm	President’s Reception (All Invited)

## Thursday, March 19, 2026

Time	Event
7:30 – 8:30am	Registration & Breakfast / Early Career Roundtable
8:30 – 9:25am	<b>Session 9: Closing Keynote Address</b>  <b>Daniela Schiller</b> , Icahn School of Medicine at Mount Sinai “The Affectome”
9:25 – 11:05am	<b>Session 10: Affect in Addiction and in Psychosis/Severe Mental Disorders</b>  <b>Marc Potenza</b> , Yale School of Medicine

	<p><b>Gregory Strauss</b>, University of Georgia “Through a Glass Darkly:” Understanding Emotion Regulation in Psychosis</p> <p><b>Tina Gupta</b>, University of Oregon</p>
11:05 – 11:35am	Break
11:35 – 1:15pm	<p><b>Session 11: Nonpharmacological Interventions Birthed by the Affect Revolution</b></p> <p><b>Douglas Mennin</b>, Teachers College, Columbia University “Emotion Regulation Therapy”</p> <p><b>Joan Camprodon-Gimenez</b>, Harvard Medical School</p> <p><b>Jay Fournier</b>, Ohio State University “The Changing Landscape of Nonpharmacological Treatments in the Era of the Affect Revolution”</p>
1:15 – 1:30pm	Closing Remarks & Transfer of APPA Presidency